



Ann Brandewiede

This week's Woman of the Week is Ann Brandewiede! Ann is a circulation manager for a small publishing company. She has three daughters and two grandchildren.

Ann will be turning 50 in 2012 and her goal at that time is to participate in the Flying Pig Marathon in some way. In January she joined a gym and started walking and trying to eat better with that goal in mind.

When Ann saw the flyer for the No Boundaries for Women Training Program she realized it would be a great way to take steps (literal and figurative) toward her 2012 goal.

She thinks that the weekly accountability of the No Boundaries group is a great help to her and it's also a great way for her to meet other women with similar goals.

Ann also likes to spend time with her two grandchildren as well as going camping with her husband.

Good luck with your goal, Ann, we're all cheering you on!