



### Desiree' Mainous

Woman of the Week, Desiree' Mainous is a professional dancer, instructor, and owner of **Arthur Murray Dance Studio** located in Blue Ash.

Desiree' began dancing ballet, tap and jazz at the age of 3 at the Bonnie Williams Dance Studio in Mt. Carmel, OH. She began competing with group numbers, duets, and solos at the age of 8 and has been in love with competitions ever since. She learned how to tap dance not only from Ms. Bonnie, but also from the world-renown Mr. Savion Glover.

Desiree' has had the privilege of touring this wonderful country of ours dancing in multiple cities with Hoctor's Dance Caravan as a Caravan Kid. When she graduated high school, she danced with the Dayton Tap Company, "Rhythm in Shoes". In 2004, her mother bought her a gift certificate to the Arthur Murray Dance Studio in Cincinnati, where she became a student of Jeremy Mainous' and fell in love with ballroom dancing.

In October of 2005, Desiree' became part of the Arthur Murray world as an instructor. Soon after, in January 2007, Jeremy and Desiree' began their journey as husband and wife, dancing through every step of it. Desiree' is a certified instructor in all forms of ballroom dancing and continues to grow always as a student of dance.

She competes professionally in 9 Dance competitions around the country with her partner, and husband, Jeremy; and of course, in Pro-Am competitions with all her amazing students. In March of 2010, Desiree' and Jeremy, became the franchisees of Arthur Murray Blue Ash, OH and are loving every day!

Desiree' is currently 9 months pregnant and continues to dance and live a fitness focused lifestyle. She is a believer that women can still be active and healthy, even while pregnant.